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ALBA CAROLINA BIKE RACE 2026

UCI C2 • Balkan MTB Marathon Championships • Romanian XCM Cup

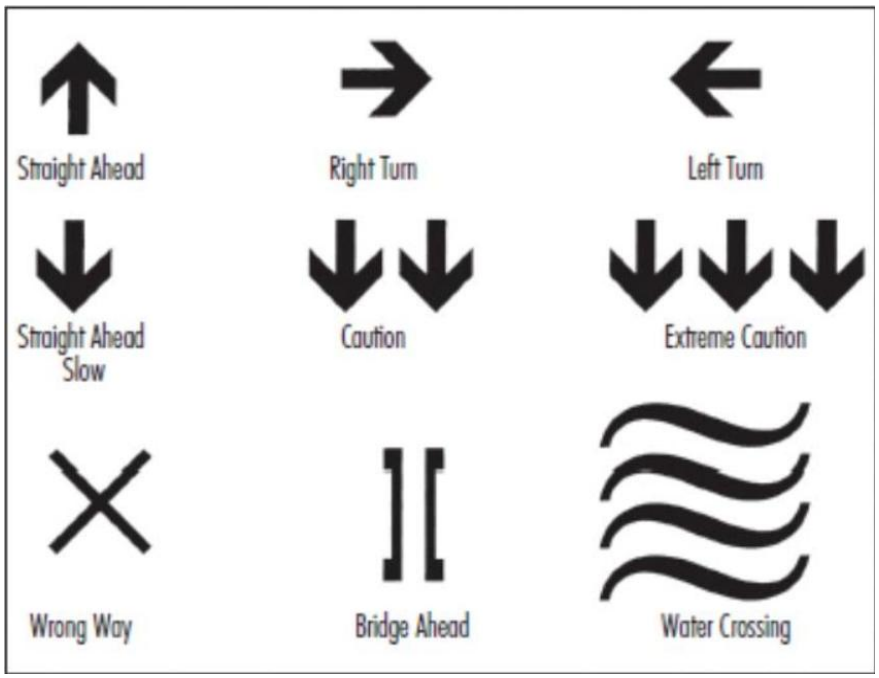
TECHNICAL MEETING

1. Course Marking

The course is marked as follows:

- **Red and white marking tape**
- **Pink paint** on trees, rocks and on the ground
- **Red direction flags**
- **Directional signs** at all junctions and course splits

Hazard Warning Signs



Special warning signs with **one (1), two (2) or three (3) downward arrows** indicate hazardous sections of the course.

Please respect these warnings, reduce your speed accordingly and ride within your technical abilities. Your safety is your responsibility.

2. Feed Zones, Technical Zones and Control Points

All feed zones are supplied with water, refreshments and basic tools for self-service mechanical assistance.

Route 6 – 73 km (Women)

Point	Description	Distance
Feed Zone 1	Feed Zone • Control Point • Technical Zone	km 9.5
Additional Control	Control Point	km 18
Feed Zone 2	Feed Zone • Technical Zone	km 26
Feed Zone 3	Feed Zone • Control Point • Technical Zone	km 39
Feed Zone 4	Feed Zone • Technical Zone	km 50.8
Feed Zone 5	Feed Zone • Control Point • Technical Zone	km 54.8
Feed Zone 6	Feed Zone • Control Point • Technical Zone	km 58
Feed Zone 7	Feed Zone • Control Point • Technical Zone	km 68

Route 5 – 90 km (Men)

Point	Description	Distance
Feed Zone 1	Feed Zone • Control Point • Technical Zone	km 9.5
Additional Control	Control Point	km 18
Feed Zone 2	Feed Zone • Technical Zone	km 35
Feed Zone 3	Feed Zone • Control Point • Technical Zone	km 47.8
Feed Zone 4	Feed Zone	km 58.5
Feed Zone 5	Feed Zone • Control Point • Technical Zone	km 64
Feed Zone 6	Feed Zone • Control Point • Technical Zone	km 67
Feed Zone 7	Feed Zone • Control Point • Technical Zone	km 85

Route 4 – 44 km

Feed Zones at km **9.5**, **22.5**, **25.5** and **35.5**, with an additional Control Point at **km 17.8**.

Route 3 – 27 km

Feed Zones / Control Points at km **9.5**, **12.5** and **21.5**.

Route 2 – 13 km

Feed Zone / Control Point at **km 6.5**.

3. Course Description

Route Identification

- **Route 5 – 90 km (Men)** – Balkan MTB Marathon Championships • Romanian XCM Cup • UCI C2 • Alba Carolina Bike Race
- **Route 6 – 73 km (Women)** – Balkan MTB Marathon Championships • Romanian XCM Cup • UCI C2 • Alba Carolina Bike Race
- **Route 4 – 44 km**
- **Route 3 – 27 km**
- **Route 2 – 13 km** (FRC Licensed Riders – U15)
- **Route 2 – Hobby / Family**
- **Children's Non-Competitive Ride**

Shared Sections

- Km **0 – 9.5**: common to the 90 km, 73 km, 44 km and 27 km races.
- Km **9.5 – 18**: common to the 90 km, 73 km and 44 km races.
- From the final common junction to the finish, all courses share the same route.
- The **Mamut cycle path** is common to all routes.

Neutral Start

The race begins with a **neutralised start** through the city for approximately **2.5 km** behind the lead vehicle at a maximum speed of **20 km/h**.

Overtaking the lead vehicle is strictly prohibited.

The official race starts when the lead vehicle leaves the course and riders enter the off-road section.

From the start to Feed Zone 1 (km 9.5), the course consists of gravel roads, forest roads and singletrack sections with continuous climbing and descending.

Course splits:

- **Km 9.5:** 27 km route turns right; 44 km, 73 km and 90 km continue straight.
- **Km 18:** 44 km continues straight; 73 km and 90 km turn right.
- **Km 23:** 73 km Women's route continues straight; 90 km Men's route turns right.

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4. Hazardous Sections

4.1 Routes 73 km & 90 km

Public Road Section

At:

- **Km 25 (73 km)**
- **Km 33.2 (90 km)**

the course joins **County Road DJ107A**.

Riders turn right and remain on public roads for approximately **2 km** towards Vurpăr.

Traffic is NOT closed.

Please obey traffic regulations, reduce speed and ride with extreme caution.

At:

- **Km 26 (73 km)**
- **Km 34.5 (90 km)**

the course turns right towards Valea Vintului.

Again, this section remains open to public traffic.

Technical Descent

At:

- **Km 50.8 (73 km)**
- **Km 58.5 (90 km)**

immediately after the **Inuri Relay Station**, riders enter a steep technical descent of approximately **150 metres**.

Reduce speed significantly.

Riders who are not confident in their technical descending skills are strongly advised to dismount and walk this section.

4.2 Routes 90 km, 73 km, 44 km & 27 km

After the penultimate Feed Zone, in the **Mamut** area, riders enter a demanding singletrack featuring:

- very steep descent;
- drops;
- uneven terrain;
- narrow trail;
- successive tight corners;
- erosion channels.

Ride according to your technical abilities.

At **km 70**, the **90 km Men's route continues straight ahead**.

Immediately after km 72, applicable only to the men's 90 km route, there is a particularly dangerous descent (the toboggan section) spanning approximately 2 km

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4.3 Hobby / Family Route

The Hobby / Family route includes:

- neutralised city start;
- gravel and forest road climbs;
- cycle path section;
- technical forest descent;
- rocky descent before returning to the city.

Several downhill sections require increased attention.

Retirement / Withdrawal

Any rider abandoning the race due to mechanical failure or disqualification must return to the Finish Area with his/her bicycle and immediately inform the Organising Committee.

We wish you a safe and successful race.

BICICLIM ALBA ASSOCIATION
Organising Committee